

Sabrina Canas

canassabrina@gmail.com

Age: 29

LIVE PERFORMANCE

MICHIYAYA Dance: *Road To Sky* at Wood Street Galleries, Pittsburgh, PA (2025)
tidbit collective: *v500* at Triskelion Arts, Brooklyn, NY (2025)
Grace Yi-Li Tong + Middle Child Dance Theatre: *SHEBANG* at Performance Garage, Philadelphia, PA (2025)
Corinne Lohner: *Articles for Flesh* at University Settlement, New York, NY (2025)
Same As Sister: *UPSTAIRS, IN OUR BEDROOM* at Coffey Street Studio, Brooklyn, NY (2025)
Middle Child Dance Theatre: *You're Actually The Last Person I Wanted To See Today* at FTH, Queens, NY (2025)
tidbit collective: *back pocket* at Arts On Site, New York, NY (2024)
SAXYN Dance Works: at Triskelion Arts, Brooklyn, NY (2024)
Kalliope Piersol: *ETERNITY ETERNITY ETERNITY* at PAGEANT, Brooklyn, NY (2024)
MICHIYAYA Dance: *MICHIYAYA & Friends* at Carnegie Museum of Art, Pittsburgh, PA (2024)
Sally Butin: *SCRATCH* at The Jam Showcase, Brooklyn, NY (2024)
tidbit collective: *feral spring* at PAGEANT for CreateART, Brooklyn, NY (2024)
Grace Yi-Li Tong: *ZOO!* at Flushing Town Hall with MNE, Queens, NY (2024)
tidbit collective: *the gap* at Spark Theater Festival + La Mama for EstroGenius, New York, NY (2024)
tidbit collective: *pool loop* at SAA, Brooklyn, NY (2024)
tidbit collective: *self titled (braid)* at the 14th Street Y, Presented by Pioneers Go East, New York, NY (2023)
Hilary Brown-Istrefi: *Horses Full of Steam* at Triskelion Arts, Brooklyn, NY (2023)
ChrisMastersDance: *Mausoleum* at BAM Fisher, Brooklyn, NY + NOD Theater, Seattle, WA (2023)
Sheer Spectacle: *I Spit Out the Gold* at 92NY Future Dance Festival, New York, NY (2023)
Kinesis Project: *Capacity, or/The Work of Crackling* at Riverside Park, New York, NY (2022+2023)
Indigo Sparks: *RINSE* at Triskelion Arts Split Bill #37, Brooklyn, NY (2022)
Katie Swords Thurman: *The Seemingly Endless Expanse of the Sky* at Acadia Dance Festival, Bar Harbor, ME (2019)

VIDEOS

Kyle Livsey: *Playing God Again* music video for Raia Was (2023)
Indigo Sparks: *When It All Comes Crashing Down* music video for Tony Glausi (2021)
Alice Liddell & Dancers: *she reigns: she builds: she grows* film for Mixtape Dance Festival (2020)

WORKSHOPS/RESIDENCIES

Middle Child Dance Theatre (July 2025)
ADF: Heather Dutton. Role: Dancer/teaching artist
MICHIYAYA Residency (July/August 2024)
Point Park University + inter- with MICHIYAYA. Role: Dancer/collaborator
MICHIYAYA Spring Intensive (May 2024)
The Floor: MICHIYAYA, Donovan Reed, Alex Schmidt. Role: Work exchange participant
SAXYN Dance Works, BAC Residency (October/November 2023)
Baryshnikov Arts Center: Thryn Saxon, researching the expansion of: *Seolh*. Role: Dancer/collaborator
NVA & Guests Spring 22 Workshop (April 2022)
Baryshnikov Arts Center: Nicole von Arx, Baye & Asa, Jeff Docimo, David Flores, Charlotte Bydwell, Michael Greenberg, Caitlin Taylor, Elena Vazintaris

TRAINING

2015-2019 **University of the Arts:** Philadelphia, PA
Bachelor of Fine Arts in Dance - Under the direction of: Donna Faye Burchfield, dburchfield@uarts.edu

Jesse Zaritt, Niall Jones, Helen Simoneau, Beth Gill, Marguerite Hemmings, Netta Yerushalmy, Katie Swords-Thurman
Tommie-Waheed Evans, Sidra Bell